

DREAMS KILLED BY FEAR

*I intend to write this book according to experience just to help people
who are giving up on their dreams because of fear*

Moses Devoss

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DEDICATION

This book is dedicated to my beloved mom Mrs. Lamula Abudat who has always believed in my dreams encouraged me not to give up and always supporting me, it's a dedication to my friend and brother Norman Berry thanks for all the support may God richly bless you. it's also a dedication to my family, my brothers and sisters, it's a special dedication to my friend ssemwanga Joel a.k.a joel Devoss, thank you for strongly believing in my dreams, you've always been a strong pole I lean on, I've always been encouraged even when I felt like giving up, it's a dedication to all Devoss media team, Dr. Jude Kabagambe, Jeffroberts Walusimbi and all the Devoss media fans

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ABOUT THE AUTHOR

Moses Devoss is a Ugandan film Director/ writer and rapper, he has directed a number of movies including the popular movie titled Engato.

He was born in kampala, Uganda on 28/February/1992 from St. Francis hospital Nsambya. Born of a humble woman called Lamula Abudat and Twakuba Sam, Devoss has grown up from the ghettos of Kampala, from a small humble and shy boy to a smart visionary man who started up his own company called Devoss Media.

Devoss has written interesting e-books including Almost, fears and tears and self love among others. He has produced songs like son of love, akwagala, nsembeza wooli, Azimu, have you ever and all I dream is film. Devoss started the film and writing dream at the age of 14 years and he has been pushing it towards success, and with God's grace he managed to become a public brand on internet and popular in the outside countries.

Amidst a lot of challenges, Devoss has decided to focus on his dreams and not to give up no matter the criticism.

Preface

This book is written to teach people how to control fear when it comes to their dreams, because fear has killed many dreams of people, so I intend to help a brother or sister out there to get rid of fear so as to accomplish their dreams, I have also been in the same situation therefore I speak out of experience ...

MOSES DEVOSS

Dreams killed by fear

CHAPTER 01

UNDERSTANDING DREAMS

There are two kinds of dreams, that is to say, the dreams we get and the dreams we create,

Let's first break down these dreams to understand them well.

The dreams we get

Well the dreams we get are the dreams we get when we sleep, these are natural dreams that we don't have control over, according to believers and dream interpreters, these dreams come in several categories.

There are dreams of prophesy, these are dreams you receive about what happened in the past or what is going to happen in the future. You might have ever had of someone dreaming of something and it happens afterwards.

There are dreams of divine counsel, these are dreams you receive about someone who needs help and you are required to speak to them concerning their needs.

There are dreams of divine guidance. in these dreams you are guided on what to do, you might be having questions praying and asking about something, and through the dream you receive answers of whatever questions you had.

We have memory dreams. According to science there are dreams we get because we have been thinking about something. You think about a certain thing or person again and again and when you sleep you see it or that person in your dream.

Dreams we create

These are the dreams we create ourselves, in most cases these are called long term goals or targets or pursuits or ambitions.

Now today in this book we want to talk about the dreams we create, you can call them future plans.

We all have these kind of dreams, have you ever asked why they are called dreams? Yet you don't have to sleep to have them. The answer is simple, it came as a kind of discouraging factor. If you have ever told anyone about your future goals and they told you you're dreaming I guess you now know what I mean. That means to them it's a dream and to you it's a target. And they simply think

it's a dream because they think you can't make it happen, they think it's too big for you,

How does fear affect dreams?

Fear affect our dreams in many ways, like I stated, we all have these dreams but few people achieve these dreams. Do you want to know why? The biggest factor is fear, now how does fear really affect our dreams,

1. **You may fear to start**, you may think that the dream is too big for you, most of us have given up on our dreams because we underestimate ourselves, we think we can't handle staff on our own, we think we need help from other people.
2. **You may fear to start and fail**. Because you don't want people to look at you as a failure so you fear to start, why would you worry about not reaching the finishing line when you have not even stepped on the starting line?
3. **Your fears are motivated by other people's failures**, you fear to work on your dreams because you know of someone you started on it and failed, because someone worked on a thing and it failed doesn't mean that everyone will fail, maybe they never worked enough, maybe they never planned for it, maybe they also had fears and decided to give up, you must understand one thing, they could not achieve that dream because you are the most suitable for

that dream, so start now. And why don't you look at the examples of people who have succeeded,

4. **You fear because of criticism**, we have started on dreams but along the way, critics try to discourage us, you have had a dream for over 10years but because someone has criticized you about it and you decide to give up on your dream.
5. **Longevity**. Some of us give up on dreams because it is taking long, we fear to be patient because we think we might waste too much time in patience, some people can even advise us to try different staff because we have tried our dreams and things are not working out.
6. **We fear to risk having faith in God**, actually sometimes faith requires madness, am talking about believing in things that everyone sees as impossible but you be sure that you will achieve them, imagine a young girl who has asthma believing she can be the best runner in cross country race, and she wins a medal, (try to look for a movie called overcomer)
7. **We fear to start again**, this happens when we give up because of whatever reason, we then fear to resume our goals because we fear our critics, how they will think, how confused they will think we are, because we failed we think we shall fail again, but listen you failed because you didn't finish this time work hard to finish what you started and you wont fail.

How to overcome fears

If you want to overcome fears you must consider the following, well this is what has helped me to keep pursuing my dreams and not willing to give up.

- **You must face your fears**, you need to recognize the presence of your fears and face them, you can't run away from your fears, it is within our minds and hearts that fear manages to control us,
- **You must try to be positive**, always avoid negativity, I know we are all surrounded by negative people but try to give a deaf ear to their negative words, in that way they won't have any impact on you.
- **Always seek for divine guidance**, when you get fears of anything, try to talk to God present your issues, pray about it you will get answers and you will feel released because sometimes fear bounds us.
- **Visualize your dream**, see your self where you want to go, see your self doing what you want to do and by so doing you will be motivated to under look fear.

How to achieve your dream?

Achieving your dream depends on how much you want it achieved, do you really consider it your pursuit, let me give you some ways on how you can achieve your dream,

- **Create it**, you must have a dream first before you achieve it, you have to always remember it starts from the heart and mind, every achievement started in the mind of the dreamer to existence,
- **Think about it**, take your time and think about it, I know you may have some minds telling you it's impossible, but don't let your negative thinking discourage you. Keep your self positive, put in minds that if it's your dream then you can handle it.
- **Believe in it**, many times we fail to achieve our dreams because we don't believe in them, you should believe in your dream because it will encourage you to put in hard work and see that you see it to accomplishment.
- **Visualize it**, great achievers have at least tested this and it worked, you picture your self in the dream, you see your self in Hollywood directing Kevin Hart, I tell you what, one day it will happen,
- **Share it with friends**, sometimes we have a mentality that when we share out our dreams to friends, they will implement them, no one can steal your dream. Your dream is your dream. Sharing it helps you get opinions about it and finding out how important it is.
- **Plan for it**. Now start planning for how you are going work on that dream, put everything on a

drawing board and visualize it and see what you need to implement your dream

- **Work hard**, work so tirelessly to achieve it, hard work pays some times its painful but you have got to put in a lot of effort to achieve something.
- **Make it your pursuit**. In everything you do and whatever you are thinking just put it in minds that you are pursuing something. When you make it your pursuit then you will be looking forward to achieving it.
- **Persistence**, you should persist no one starts something to stop along the way, I know sometimes things will seem funny, not working out, but persist on what your plans were,
- **Patience**, it at times take quite long for certain things to happen, but we ought to be patient, because we all know good things take time, if you have ever gone to an ATM machine to withdraw some cash, it tells you to insert your card, and it says please wait, then it tells you to put in your pin it says please wait, it then tells you to select your preferred language it says please wait, it tells you to select the service you want, withdraw, check balance or deposit it says please wait, now when you select withdraw it tells you to put in amount and it says please wait, now this is where most of us give up when it comes to dreams, we give up

when we are yet to achieve, so we ought to be patient and at the end we are going to be winners.

- **Do not give up**, no matter what, don't give up, don't let all the time and effort you invested be wasted like that, people will tell you, you have tried your best and things won't work out, just give a deaf ear to all negative ideas, you will seem shortage of resources but keep working hard one day everything will be in control and you won't believe it.
- **Don't be afraid of losing**, it will come to your minds to fear how people will see you after you have tried and failed, you think they will laugh at you when you fail, erase that from your minds, and actually no one is going to laugh at you because you are not going to fail, we don't start things to fail, rather we start things to win.

Get back to a dream you had given up on.

Yes, I know they will still laugh, they will say how you are confused, how you don't know what you want, how you are not focused and how you will fail again like you failed before, but that's their business, they have to talk and your business is what you started, you have to finish it.

I strongly believe that you can achieve it, because the books say that God can not load on us burdens we can't handle, for as long as it is in your minds and you are the vision bearer, my brother/sister you can achieve. So look away from the bad comments and all the negativity, actually we had those critics because the more they discourage us is the more we have to keep working hard to win so that we prove them wrong. But they say you are going to fail and give up it means they were right you have failed.

Conclusion

its really hard to teach your self to be focused, to teach your self not to fear, but when you put my points into consideration I guarantee you that you will over come fear and you will achieve your dreams, don't let the negative minds overtake you, don't listen to negative ideas, be patient and persistent, believe in your self and have confidence, your dream is your dream no one will steal your dream. Don't be afraid of losing, fight fear in you, make your dream your pursuit and trust me you will achieve your dreams. My name is Moses Devoss see you at the celebration of your achievement. May God richly bless you.